

Job interview coaching programme is designed to meet the assessment criteria for any type of interview whether it is a behaviour competency interview or strength based interview and prepare you for specific technical interviews for your future career within different areas.

By the end of the course you will:

- Understand the process of applying for a job in Europe and the UK
- Understand what the interviewer what wants to hear from you
- Be able answer interview questions in English clearly
- Know and be able to promote your key strengths in English
- Gain and show more confidence
- Manage stress and anxiety
- Stand out from the competition

Coaching is tailored to your needs whether you need help with your CV, online application, interview or presentation. You'll be also offered a Mock Interview Coaching which will give you an opportunity to be interviewed by one of the experienced managers from the companies we work with and receive a constructive feedback.

Components of the Programme	Hours (may vary)
Interview-Consultation to define the needs	1
Module 1 Preparation: CV and filling in job application	3
Module 2 Types of Interview	1
Module 3 Who is your interviewer	1
Module 4 Preparation for a typical interview. Interview skills, managing anxiety	3
Module 5 How to answer difficult questions	3
Module 6 Job / industry specific interview preparation	3
Module 7 Non-verbal behaviour at a job interview	1
Module 8 Emails: respond to an employer's interview request change time for an interview follow up emails after an interview	2
Behaviour and Competency Mock Interview Coaching	1
Job Specific Mock Interview Coaching	1
Total	20

You will get a list of challenging questions tailored to your job specification so that you can use this for additional practice. Video recording: During your interview coaching session you can choose to be recorded on video. Watching yourself can transform your delivery and body language. Audio recording: Skype coaching sessions can be recorded on audio so that you can listen back to the coaching session and have continual access to the training